## **Advocacy Activity Scale**

In the last 12 months, how many times have yo	ou:
---	-----

1. Attended a public meeting or rally to improve the lives of people with brain injuries? 1-3 times more than 3 times Not at all 2. Spoke at a public meeting or forum to support people with brain injuries? Not at all 1-3 times more than 3 times 3. Called, wrote, or e-mailed a political representative or someone else who has a role in deciding about services for people with brain injuries or funding for these services? Not at all 1-3 times more than 3 times 4. Visited in-person someone who has a role in deciding about services for people with brain injuries or funding for these services? 1-3 times Not at all more than 3 times 5. Worked with a group to improve the lives of people with brain injuries? 1-3 times Not at all more than 3 times 6. Discussed social changes to help people with brain injuries with family or friends? Not at all 1-3 times more than 3 times 7. Worked to elect a political candidate who supported people with brain injuries? Not at all 1-3 times more than 3 times 8. Contributed money to help organizations or people who support people with brain injuries? Not at all 1-3 times more than 3 times 9. Raised money to help organizations or people who support people with brain injuries? Not at all 1-3 times more than 3 times 10. Wrote a letter to the editor, gave an interview or had other contact with the media to support people with brain injuries? Not at all 1-3 times more than 3 times 11. Overall how much time are you involved in the types of advocacy activities described in items 1-10? Not at all less than 25% of my time more than 25% of my time

12. Please check one choice below that best describes the focus of your advocacy
activities:
For yourself or a significant other with brain injury
For yourself or a significant other with brain injury and for other people in your
town, state or region with brain injuries
On a national level
13. Check one choice below that best describes your involvement with the Brain Injury
Association during the last 12 months.
Do not belong to the Brain Injury Association
Member of the Brain Injury Association
On the Board of Directors or employed by the Brain Injury Association
14. Check one below that best describes your opinion of advocacy for people with brain
injuries:
Advocacy is not effective
Advocacy is a part of my life
Advocacy is a central part of my life